



This Is **Art on the Edge**



The mission of Art on the Edge is to provide a creative environment for all youth using art as a tool for learning problem-solving, goal setting and community values and creating self-esteem. Art on the Edge, a program of St. Vincent DePaul, is designed to utilize the visual and performing arts as a tool to reinforce self-expression, resiliency and positive social skills. Throughout the year they provide free art classes to children age 6 and older. Class times and dates vary.

Call 676-0917 or go to www.artontheedge.org, 1416 N. First St., Coeur d'Alene.

Omlette in a Bag Is a Fun Way to Make Breakfast

This is a fun breakfast over a camp stove or in your own kitchen after a slumber party! The bigger the pot of water that your mom or dad has boiling, the more baggies that can be cooked at one time.

Here's what you need:

- Quart-size freezer zip-lock baggie (freezer bags will withstand the boiling water)
- 1 or 2 eggs
- 1/8 cup milk
- Any or all of these: diced ham, crumbled bacon, shredded cheese, chopped onions, peppers, tomatoes

- Write your first name on the baggie with a marking pen.
- Have a friend hold your baggie open while you crack an egg into it. Add milk, then drop in a pinch or two of ham, cheese etc.
- Zip the baggie closed and then squeeze the egg mixture between your fingers until it's mixed up well.
- Have a grown-up drop your baggie into the boiling water, zipper side up. Set the timer for 12 minutes (a few minutes longer if there are lots of baggies in the pot)
- Use tongs to remove the baggies when done. Unzip your baggie and your omelette will slide right out onto the plate.
- Dress it up with salsa or ketchup. Yummy!

